

	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
MORNING	8am	X	X		
	9:30am	X	X	✓	✓
	11am	X	X	✓	✓
	Noon	X	X	✓	✓
AFTERNOON	1:30pm	X	X	✓	✓
	3pm	X	X	✓	✓
	4:30pm	X	X	✓	✓
	6pm	X	X	✓	✓
EVENING	7:30pm	X	X	✓	✓
	9pm	X	✓	✓	✓
	10:30pm	X	✓		
	Notes	Notes	Notes	Notes	Notes

**ADVANCED
TRAINING
5-830PM**